



Epsom and St Helier University Hospitals NHS Trust

St Helier Hospital Site

Anaesthetic Department

St Helier Hospital,

Wrythe Lane

Carshalton, Surrey

SM5 1AA

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Epsom General Hospital Site

Anaesthetic Department

Epsom Hospital

Dorking Road

Epsom, Surrey

KT18 7EG

01372 735270 College Tutor: Dr Tasneem Katawala (Tasneem.katawala@nhs.net)



Epsom and St Helier University Hospitals NHS Trust provides a range of medical services to approximately 420,000 people living across southwest London and northeast Surrey. In addition, it provides more specialist services, in particular renal and neonatal intensive care, to wider areas covering parts of Sussex and Hampshire. St Helier Hospital has six operating theatres in the main building plus two theatres in the separate Queen Mary's Hospital for Children. The Obstetric unit has two theatres and there is an additional theatre in X-ray. Epsom Hospital has seven theatres and a single theatre on labour ward.

Consultant Anaesthetists within the Department

	Clinical interest/s
Dr M Akiomaye	Colorectal, gynae, Tutor for non-trainees
Dr S Bailey	ICU, general, CD
Dr P Bathke	Paeds, urology, DRA SW Thames
Dr M Bartimeus	Paeds, general
Dr H Bagia	Obstetrics, gynae
Dr J Blair	Paeds, Obs, Trust Simulation Lead
Dr S Biswas	Obs, general
Dr S Bustamante	Chronic pain, General, Pain module lead
Dr M Bhagwat	Regional, general
Dr A Combeer	Regional, obstetrics, med student liaison (STH)
Dr J Desborough	Endoscopy, EOC
Dr J Dixon	ICU
Dr A Dombrovskis	ENT, regional
Dr B Ewah	ACSA, ENT, anaesthetic MDT
Dr A Faboya	Urology, obs
Dr M Gardner	Chronic pain, paeds MRI, Lead clinician (STH)
Dr A Gupta (locum)	General, obstetrics
Dr W Hosein	Paeds, obs
Dr M Hendricks	Urology, general, Lead Clinical (Epsom)
Dr S Jankowski	ICU, gynae, paeds dental
Dr T Katawala	Pre-op, colorectal, College Tutor (CT)
Dr S Kunnumpurath	Chronic pain, obs
Dr M Khan	Regional, Trauma, EOC
Dr A Lim	General, paeds, department simulation lead
Dr D Male	Regional, urology, ACSA
Dr J Mackay	ICU, paeds, spinal, anaesthetic MDT
Dr S Milliams	ICU
Dr A Muddanna	Obs, paeds, general, Deputy CT
Dr L Mulleague	ICU, gynae
Dr S Pathmabaskaran	Regional, obs, med student liaison (Epsom)
Dr A Patel	General, obs
Dr S Renwick	Paediatric lead, Obs, urology, ACSA
Dr S Said	Chronic pain
Dr P Sarkar	ICU, gynae, Lead clinician (critical care)
Dr V Shukla	ICU, A&E, ICU tutor
Dr M Stockwell	Trauma, associate medical director, RO
Dr G Thorning	Pre-op, general, resus
Dr V Shylaja	Urology, ENT
Dr T Snelling	Eyes, colorectal
Dr M Varrier	ICU
Dr Y Syed	ICU
Dr R Srinivasan	ICU

Surgical and anaesthetic specialties at Epsom & St Helier:

In 2018, the ESTH anaesthetic department received **RCOA ACSA accreditation**. The services we cover are as follows;

- Acute and chronic pain – *pain blocks and pain clinics*
- Colorectal surgery – *GOAL directed therapy, cardiac output monitoring, regional anaesthesia. Epsom only*
- Critical Care - *ICU – St Helier site. HDU – St Helier and Epsom*
- Day surgery
- Dental surgery - *Epsom site only*
- Endoscopy – *GA/sedation/remote site lists.*
- ENT – *Epsom site only*
- Eye surgery – *Cataract, retinal, sub-tenon blocks*
- General surgery – *gall bladder, hernia (lap and open), endocrine (thyroid/adrenal surgery), anti-reflux LINX/nissens – Epsom site only*
- Gynaecology – *minor and major surgery; hysterectomy (lap and open), vaginal repair*
- Major joint replacement (EOC) – *Knee, hip, shoulder. Elective orthopaedic centre only, Senior trainees only.*
- Management module
- Obstetrics – *LSCS lists. High risk clinics. 5000 deliveries per year across both sites*
- Orthopaedics and Trauma - *Upper and lower limb- plenty of regional anaesthesia. [Epsom site]*
All trauma is done at St Helier.
- Paediatrics (Queen Mary's Hospital Day Surgery Unit) – *ENT, urology, orthopaedics, dermatology laser treatment, rheumatology injections, general surgery, endoscopy, dental surgery, ophthalmology*
- Paediatric MRI – *St Helier site only*
- Priority surgery – *St Helier site only*
- Pre-op assessment clinic – *Epsom site only – Notes can be reviewed on any site*
- Renal access surgery – *Axillary blocks. St Helier site only.*
- Simulation – *Sim centre based at Epsom and 'insitu' on both sites*
- Spinal surgery – *Cervical, thoracic and lumbar surgery Prone position surgery. Epsom site only*
- Stabilising patients ready for the paediatric retrieval team
- Transferring critically ill patients cross-site and to specialist units
- Urology – *prostate surgery endoscopic and open, urogynae, nephrectomy, penile surgery, bladder cancer, renal stone surgery – Epsom site only*

Trainees:

Up to 22 anaesthetic trainees from the St George's School rotate through the Trust at any one time, predominantly at ACCS, core and ST5-7 levels. All trainees will have exposure to specialities on both sites throughout their placement.

ACCS 'novice' trainees have a 6 month ICU module and a 6 month anaesthetic module. CT1 and ACCS CT3 anaesthetists will spend 12mths in anaesthesia. CT2 anaesthetists will spend 9 months in anaesthetics and will need to complete a 3mth ICU module.

Core trainees do all their on-calls at the St Helier site.

For specialist trainees at higher level, modules in intensive care, pain, management and all the general duties units can be provided. The majority of specialist trainees will carry out their on-call duties at St Helier, however there are 2 training slots available on the Epsom middle grade rota.

Advanced training in intensive care and pain is also provided within the trust.

The trainee on-call rotas are currently all 1 in 8 (all EWTD and new Junior doctor contract compliant) and are paid at band 1A. There are on-calls rooms for all bleep holders on both sites.

Exam preparation:

Trainees are always allowed to take study leave for both private study and for courses, where possible. In addition to this, several members of the department are keen and experienced in providing viva practice for both the primary and final exams. OSCE practice is provided for the core trainees. Two members of the department are past and one recent RCoA examiners.

Simulation:

A brand new high fidelity simulation suite is located at Epsom Hospital PGMC, led by Dr Blair who is a consultant anaesthetist. Dr Blair runs frequent 'CRISIS' courses which focus on the management of the acutely unwell patient. The anaesthetist departmental also run their own simulation session throughout the year which is arranged by Dr Lim. Those of you who have done simulation training are welcome to join the faculty and help deliver some of the courses.

Pain Medicine:

The trust's acute pain service comprises of two consultants, one associate specialist and three clinical nurse specialists. The Chronic pain service is primarily based at St Helier Hospital with a team of 4 consultant anaesthetists and one associate specialist. Pain modules are provided for intermediate, higher and advanced levels of anaesthetic training. Dr Sara Bustamante is the Trust lead for pain services.

Educational activities:

- Half-day, trustwide anaesthetic trainee teaching at the St Helier site (biweekly).
- Regional core trainee basic science teaching for pre-primary CTs (biweekly).
- ICU teaching for ICU module trainees (most weeks).
- Departmental meetings with journal clubs, M&M, consultant presentations (weekly)
- Trust Audit/Educational half-days (8 per year).
- Access to core, ST3/4 and ST5-7 Regional Teaching in addition to national and regional meetings etc.
- ALS, ATLS and APLS courses are frequently run by the trust
- Simulation courses

Obstetrics:

The St Helier obstetric unit has about 3300 deliveries per year. The unit has an attached mid-wife led birth centre and a recovery/HDU area on the delivery suite. The Caesarean section rate is 25% with separately staffed elective section lists taking place 3 times a week. The epidural rate is currently 32%. Alternative forms of analgesia for labour, such as Remifentanyl PCA are available for patients.

There is a consultant led anaesthetic antenatal assessment clinic, held weekly, where high-risk women are seen and delivery plans arranged. This unit is used for the core trainee's obstetric module.

The Epsom obstetric unit has roughly 2000 deliveries per year. The C-section rate is 25%, with elective section lists taking place twice a week. The epidural rate is currently 36%. Dr Andy Combeer is the Trust lead for obstetric anaesthesia.

Critical care:

The unit at St Helier currently has 12 beds (six level 3 and six level 2) with around 350 admissions per annum. There are 8 consultant intensivists providing daily all-day cover with a dedicated ICU on-call rota. The unit offers invasive and non-invasive ventilation, cardiac output monitoring, haemofiltration and a tracheostomy service. It provides training for FY2 doctors and anaesthetic trainees at basic, intermediate, higher and advanced stages of training. Epsom has an 8 bedded level 2 unit with the capability to ventilate level 3 patients overnight if required. All other level 3 patients are transferred to the St Helier site. Dr Putul Sarkar is the lead clinical for critical care, and Dr Viplaw Shukla is the ICM clinical tutor.

Paediatrics:

All paediatric surgery now occurs on the St Helier site, in Queen Mary's Hospital Day Surgery Unit. We carry out approx 2800 elective cases per year. In the day surgery unit there is a dedicated children's theatre suite including two theatres with stage one and stage two recovery areas. This is staffed by paediatric nurses and a play specialist, providing an excellent child focused service. Dr Renwick is the Trust lead for paediatric anaesthesia.

Accommodation:

The hospital provides single accommodation and limited married quarters and family accommodation.

Transport connections:

The Trust has excellent rail, bus and road links. A shuttle bus service links the two main hospital sites.

Miscellaneous:

The St Helier anaesthetic department space comprises an anaesthetic office, communal coffee room, consultants' offices, a seminar room, and a shared kitchen is available. There is a small department library and a computer / study room. The hospital has a main library with 24-hour access and doctor's mess facilities. Similar facilities are found on the Epsom site.