**Local Stop smoking Services**

**London-wide**

Advice line – 0300 123 1044 (Mon-Fri 9am to 8pm, Sat-Sun 11am to 4pm)

Website – <https://london.stopsmokingportal.com/>

**Wandsworth**

Freephone: 0800 389 7921

Email: [stopsmoking.team@wandsworth.gov.uk](mailto:stopsmoking.team@wandsworth.gov.uk)

Visit: [www.wandsworth.gov.uk/stopsmoking](http://www.wandsworth.gov.uk/stopsmoking) - includes details of drop-in clinics, GP surgeries and pharmacies providing a stop smoking service in the borough

**Merton**

Telephone: 020 8973 3545

Email: [oneyou.merton@nhs.net](mailto:oneyou.merton@nhs.net)

Visit: [www.oneyoumerton.org/smoking/](http://www.oneyoumerton.org/smoking/)

We provide face to face stop smoking support for the following groups:

* People with mental health conditions (excludes those with a case worker)
* Pregnant women
* Young people aged 19 years of age or under
* People with respiratory conditions

If you do not fit into one of the categories above we offer up to 4 x 30 minute telephone sessions with a health advisor.

**Sutton**

Telephone:Use Londonwide advice line -0300 123 1044

Visit: [www.nhs.uk/oneyou/](http://www.nhs.uk/oneyou/)

Or [www.sutton.gov.uk/info/200595/healthy\_lifestyles/1601/get\_help\_to\_stop\_smoking/1](http://www.sutton.gov.uk/info/200595/healthy_lifestyles/1601/get_help_to_stop_smoking/1) - For a map of pharmacies providing stop smoking services

**Croydon**

Tel: 020 8401 3000 ext-5906 – for face to face appointments

Visit: [www.justbecroydon.org/](http://www.justbecroydon.org/) for information on telephone services & self help

**Richmond**

Freephone: 0800 011 4558

Email: [stopsmoking@richmond.gov.uk](mailto:stopsmoking@richmond.gov.uk)

Visit: www.richmond.gov.uk/stop\_smoking

**Kingston (Kick-it)**

Telephone: 020 3434 2500

Email: [s.smoking@nhs.net](mailto:s.smoking@nhs.net)

Visit: [www.kick-it.org.uk](http://www.kick-it.org.uk)

**Lambeth and Southwark**

Tel: 0800 856 3409 or 020 3049 5791 (Lambeth)

Tel: 0800 169 6002 or 020 3049 8550 (Southwark)

Email: [Gst-tr.stopsmokinglambeth@nhs.net](mailto:Gst-tr.stopsmokinglambeth@nhs.net) or [Gst-tr.stopsmokingsouthwark@nhs.uk](mailto:Gst-tr.stopsmokingsouthwark@nhs.uk)

Visit: [www.guysandstthomas.nhs.uk/our-services/stop-smoking-service/overview.aspx](http://www.guysandstthomas.nhs.uk/our-services/stop-smoking-service/overview.aspx) - Includes details of community clinics and pharmacies providing stop smoking services in Lambeth and Southwark.

**Surrey (Quit 51)**

Telephone: 0800 622 6968

Text: ‘smokefree’ to 66777

Email: contact.quit51@nhs.net

Visit: https://www.quit51.co.uk

**For any other areas:-**

Visit: [www.nhs.uk/smokefree](http://www.nhs.uk/smokefree)

Or web search the local authority stop smoking service