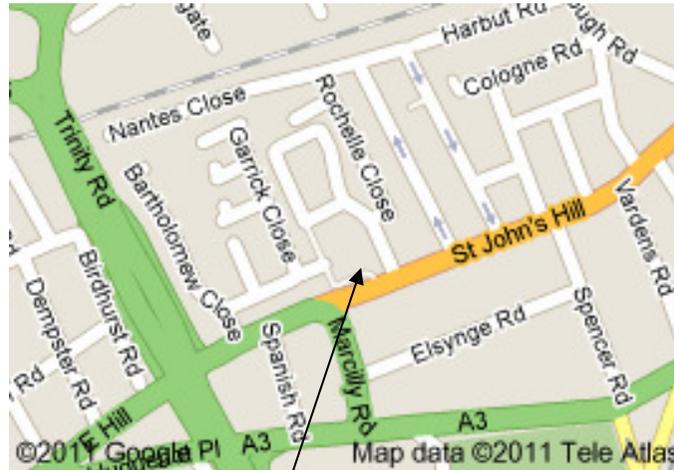


How do we work?

1. A therapist will come to your home and ask you a series of questions. This is to find out what your main difficulties are and your goals for therapy.
2. You will then be referred to the relevant therapist who can help you achieve your goals.
3. The therapist will assess you.
4. You will set goals and we will agree together how you can achieve these. These will be regularly reviewed.
5. When your goals are achieved and you have no further goals, or they are not achievable at this time, we will discuss discharging you from the team.

Where are we?



St John's Therapy Centre

Your therapist's contact details

**Administration: 020 8812 4060
020 8812 4059**

**Leaflet updated May 2012
Review date May 2015**



Wandsworth community neuro team



St John's Therapy Centre
162 St John's Hill
Battersea
London
SW11 1SW
Tel: 0208 812 4060
0208 812 4059

**We offer early supported discharge
(stroke only), neurological
rehabilitation and long term
disability management.**

Who we are?

We are a multidisciplinary team including:

- **Physiotherapists**
- **Occupational therapists**
- **Speech & language therapists**
- **Neuropsychologist**
- **Assistant psychologist**
- **Complex case manager**
- **Rehabilitation assistants**

Who do we see?

We see people who:

- are aged over 16
- have a Wandsworth GP
- have a neurological condition
- require rehabilitation or support with managing their condition.

What do we do?

We provide:

- Assessment
- Advice, information and education
- Client-led, goal-focused rehabilitation
- Self-management programmes
- Emotional and psychological support
- Referral to other professionals and services eg: dietetics

How often will you be seen?

If you are on our early supported discharge service (stroke only, from a referring acute hospital) you may be seen daily, if clinically appropriate, when assessed by your therapist.

The amount of therapy you receive will be dependent on your goals and what is most appropriate for your needs.

Where will you be seen?

You will be seen by members of our team wherever is most helpful for your therapy.

For example:

- Your own home
- St John's Therapy Centre
- Queen Mary's Hospital, Roehampton
- Your local community
- Your day centre
- Your work place