



## Follow up information after your clinic appointment

You will recently have had a meeting with your clinical nurse specialist or key worker. A key worker / clinical nurse specialist is a nurse that is allocated to support you and your family during diagnosis and treatment. The names of your keyworkers are shown below.

Key worker.....
Key worker.....

You might meet 2 clinical nurse specialists or key workers during your treatment. The first key worker you meet will be at your local hospital where your diagnosis is given. You may meet another key worker if you are referred to the specialist centre for surgery, chemotherapy or radiotherapy. The nurses at both hospitals will work as a team to make sure you have a diagnosis and treatment plan as soon as possible. On the other hand, you may meet both of your key workers at the hospital where you have your complete treatment and care.

We realise that the amount of information given at clinic appointments can be overwhelming. If you would like any further support or information from the following list, please tick the relevant box and bring the form with you to your next clinic appointment. **It does not matter if your next appointment is at another hospital you should always have a key worker.** If the nurse does not have the information that you need she will try to provide you with a contact number of an organisation that should be able to help.

✓ **Tick if you would like information about:**

- |                                                             |                                                            |
|-------------------------------------------------------------|------------------------------------------------------------|
| <input type="checkbox"/> Booklet about your specific cancer | <input type="checkbox"/> MDT leaflet                       |
| <input type="checkbox"/> Complimentary therapies.           | <input type="checkbox"/> Nutritional information           |
| <input type="checkbox"/> Counselling                        | <input type="checkbox"/> Relationships / sexuality         |
| <input type="checkbox"/> Finances / allowances              | <input type="checkbox"/> Returning to work after treatment |
| <input type="checkbox"/> Managing side-effects / symptoms   | <input type="checkbox"/> Spiritual support                 |
| <input type="checkbox"/> Returning to work after treatment  | <input type="checkbox"/> Support groups                    |
| <input type="checkbox"/> Working during treatment           | <input type="checkbox"/> Any other information             |