Introduction

Queen Mary’s Hospital (QMH) Roehampton has been running rapid diagnostic, new patient assessment clinics in several specialties for the last 9 years. Existing packages were reviewed and updated in 2011, and at the same time new additional clinics were developed, ready for implementation in 2012. When QMH was rebuilt in 2006 it was designed to facilitate the flow of patients through the Rapid Diagnostic Packages.

The aims of the Rapid Diagnostic Packages (RDPs) are the same whatever the speciality – to ensure that the majority of patients have the relevant tests performed and their results available from the relevant clinician on the same day. These packages are particularly suitable for patients with a possible diagnosis of cancer, and these meet the 2 week cancer requirements, but they are equally suitable for a range of other diagnoses.

The pathways all start in primary care, with the GP undertaking a clinical assessment and history, requesting appropriate predefined tests, and then making a referral to the appropriate RDP. When the patient is seen at QMH by the relevant clinician, the results of the tests undertaken in primary care are available for review, and the clinician has same day access to a range of other tests/investigations.

The benefits of concentrating and co-ordinating the assessment and diagnostic processes into one clinic visit are:

- Improved patient experience through reducing time to diagnosis.
- Reduced number of visits for the patient.
- Improves quality of care through use of standard tests.
- Improves quality of care and reduces variation through the use of standardised pathways.

In addition to this the RDP local tariffs offer significant value for money for GPs and commissioners when compared to the PbR tariff prices for individual appointments and tests.

Queen Mary's has undertaken approximately 7000 RDP assessments packages per annum for the last 3 years.

The Dysphagia RDP is an existing pathway within the speciality of gastroenterology.
Specification for Dysphagia RDP Package continued

Where this package is provided: Queen Mary’s Hospital

When (days and times): <days & times>
<days & times>

Lead clinician: <name>

Other clinicians/services involved: <list>
<list>
Queen Mary’s Roehampton
Dysphagia

Patient presents at GP with symptoms of dysphagia

GP does history and examination. GP orders bloods – FBC, U&E’s, LFT’s, ESR, glucose, calcium and INR. GP determines exclusion criteria *

GP refers using Choose & book

Clinician triages referral

Pt is seen in OPD if exclusion criteria are met. Refers for endoscopy (same day) Refers for barium swallow (different day)

Attends follow up appointment for review by clinician

Refer back to GP to manage in primary care RDP complete. Patient moves to Rx package for further investigations and long term follow up RDP complete. Patient moves into Rx package for trial of drug treatment and follow up RDP complete. Referral to speciality for long term follow up

*Exclusion criteria: Insulin dependent diabetic, on anti coagulant treatment, prosthetic heart valves, history of endocarditis, or severe co-morbidity problems.