Integrated Care Pathway for Patients with a Tracheostomy

| Name | | Hospital number | Hospital number | | | |
|---------------------------------|-------------------------|--------------------|-----------------|--|--|--|
| Date of birth | | Consultant | | | | |
| | | | | | | |
| | First Trac | heostomy | | | | |
| Type & Size: | Date inserted: | Fenestrated yes/no | Cuff yes/no | | | |
| | | yes/110 | yes/110 | | | |
| Reason for tracheos | tomy / type of tube | | | | | |
| Percutaneous / surgi | Percutaneous / surgical | | | | | |
| Any complications on insertion? | | | | | | |
| Date sutures removed | | | | | | |

| Tracheostomy tube changes | | | | | |
|---------------------------|----------------|-----------------------|----------------|--|--|
| Type & Size: | Date inserted: | Fenestrated yes/no | Cuff yes/no | | |
| Type & Size: | Date inserted: | Fenestrated yes/no | Cuff yes/no | | |
| Type & Size: | Date inserted: | Fenestrated yes/no | Cuff yes/no | | |
| Type & Size: | Date inserted: | Fenestrated yes/no | Cuff yes/no | | |
| Type & Size: | Date inserted: | Fenestrated yes/no | Cuff yes/no | | |

Integrated Care Pathway

for

Patients with a Tracheostomy

This document should include:

- A front sheet (overleaf)
- Tracheostomy equipment check / tracheostomy shift care record sheets
- Tracheostomy weaning charts
- Multi-disciplinary team record sheets

Additional sheets should be added as appropriate.

On the patient's discharge from the hospital, this document should be filed in the medical notes.

If the patient is to be transferred to another hospital with the tracheostomy in place, please send with the patient –

- A photocopy of the front sheet
- Photocopies of the MDT record sheets
- A photocopy of the most recent equipment check / shift care record sheets.

| Name | Hospital Number |
|------------------------------------|----------------------------|
| Tracheostomy equipment check: to b | e completed on EVERY shift |

| | Date | | | | | |
|---------------|--|--|------|---------------------------------------|--|-----------------------------------|
| | Time | | | | | |
| Non-re | -breathe circuit (green bag) | | | | | |
| | SVM (Bag Valve Mask) with reservoir | | | | | |
| and tub | | | | | | |
| Oxygei | n flow meter (check function) | | | | | |
| suction | | | | | | You must also |
| Suction | n catheters (Size of trache -2) x2 | | | | | complete the Tracheostomy Care |
| | uer sucker | | | | | Record (see over) |
| Flush f | or tubing | | | | | |
| ß | Spare trache tubes (Same type. 1 same size & 1 one size smaller) | | | | | |
| , ba | Tracheal dilators | | | | | |
| Emergency bag | Tracheostomy disconnection wedge | | | | | |
| lerç | 10ml syringe | | | | | |
| Ш | Stitch cutter | | | | | |
| | Aquagel | | | | | |
| Gloves | | | | | | |
| Aprons | ; | | | | | |
| Protect | ive eye wear | | | | | |
| | Signature | | | 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 | | |
| | | | | | | |

| Name | | | | | | | | |
|---|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| Tee | ahaaatamu (| oro Dooord - | To ho comr | Notad ON E | NEDV CH | ICT | | |
| 118 | acheostomy C | are Record - | To be comp | Dieted ON E | EVERT SH | IFI | | |
| Date and time | | | | | | | | |
| Start of shift | Start of shift | Start of shift | Start of shift | Start of shift | Start of shift | Start of shift | Start of shift | Start of shift |
| Tracheostomy equipment checklist | | | | | | | | |
| completed (see over) (Yes / No) | | | | | | | | |
| Cuff pressure = (Should be 15-25 cm H_2O . If | | | | | | | | |
| not, alert MDT to query cuff leak) | | | | | | | | |
| FiO2 required (state percentage) | | | | | | | | |
| Humidification device in use? (state which) | | | | | | | | |
| How often should respiratory obs be done? | | | | | | | | |
| Is regular suction required? (frequency or | | | | | | | | |
| 'as required') | | | | | | | | |
| | | | | | | | | |
| End of shift | End of shift | End of shift | End of shift | End of shift | End of shift | End of shift | End of shift | End of shift |
| Inner cannula inspected & cleaned at least | | | | | | | | |
| four hourly? (Yes / No) | | | | | | | | |
| How often was suction performed? (e.g. 1- | | | | | | | | |

four hourly? (Yes / No) How often was suction performed? (e.g. 1-2 hourly, etc) Quantity of secretions (e.g. minimal, moderate or copious) Colour (describe e.g. clear, purulent, blood stained) Specimen sent? (Yes / No) Stoma condition (describe e.g healthy, inflamed, oozing, sputum leak) Wound swab sent? (Yes / No) Dressing changed? (If more than once, state how often) Variances (If routine care is not carried out, please state the reason clearly) Signature

| ST. GEORGE'S HEALTHCARE -OBSERV | ATION CHART FOR TRACHEOSTOMY-WEANING | G SHEET No |
|---------------------------------|--------------------------------------|------------------------|
| Surname | D.O.B/ or Hospital No | Physio Name + Bleep No |
| Forename | Ward | |

^{*}Please ensure patient is in an upright position and before commencing weaning suction trachea and oropharynx.*

| Please circle/tick as appropriate | Date Time | Date Time | Date Time | |
|--|---------------------------------------|---------------------------------------|---------------------------------------|--|
| r lease circle/lick as appropriate | Initials | Initials | Initials | |
| 1. Cuff Deflated | Yes/No | Yes/No | Yes/No | |
| +/- synchronous suction (ss) | If 'Yes' - go to step 2 | If 'Yes' - go to step 2 | If 'Yes' - go to step 2 | |
| 17 Synomonous Suction (33) | If 'No' -stop. Do not proceed further | If 'No' -stop. Do not proceed further | If 'No' -stop. Do not proceed further | |
| | Yes / No | Yes / No | Yes / No | |
| | If 'Yes' go to step 3 | If 'Yes' go to step 3 | If 'Yes' go to step 3 | |
| 2. With finger occlusion – is there air flow | If 'No' there may be an obstruction - | If 'No' there may be an obstruction - | If 'No' there may be an obstruction - | |
| through the mouth? | do not proceed further. Discuss with | | do not proceed further. Discuss with | |
| | Trache team/ENT/ Anaesthetist to | Trache team/ENT/ Anaesthetist to | Trache team/ENT/ Anaesthetist to | |
| | consider downsizing trache tube | consider downsizing trache tube | consider downsizing trache tube | |
| 3. Is fenestrated trache in situ? | Yes/No | Yes/No | Yes/No | |
| 3. Is leffestiated trache in Situ! | If 'Yes' place fenestrated inner | If 'Yes' place fenestrated inner | If 'Yes' place fenestrated inner | |
| | cannulae in (unless suctioning) | cannulae in (unless suctioning) | cannulae in (unless suctioning) | |
| 4. Put on speaking valve or cap | speaking valve / cap / neither | speaking valve / cap / neither | speaking valve / cap / neither | |
| 1. That on oppositing valve of cap | opeaking valve / eap / Heither | opeaning valve / cap / Heititel | - speaking varve / sap / Holarei | |
| | Cuff down | Cuff down | Cuff down | |
| 5. Planned length of time for: | Speaking valve | Speaking valve | Speaking valve | |
| or <u>rammou</u> rongur or unito ron | Cap | Cap | Cap | |
| | | - | ' | |
| 6. Actual length of time managed for | Hours | Hours | Hours | |
| point 5. | Minutes | Minutes | Minutes | |
| ' | | | | |
| 7. If planned time not equal to actual time | | _ | _ | |
| – Why not? | Comments: | Comments: | Comments: | |
| (e.g.increased work of breathing | | | | |
| excessive secretions, fatigue) | | | | |
| 8. Suggested progression | | | | |
| | | | | |
| | | | | |

Tracheostomy ICP – Multi-Disciplinary Team notes

| Date and time | Signature / print Discipline / grade |
|---------------|---|
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