Specification for Breast RDP Package

Introduction

Queen Mary’s Hospital (QMH) Roehampton has been running rapid diagnostic, new patient assessment clinics in several specialities for the last 9 years. Existing packages were reviewed and updated in 2011, and at the same time new additional clinics were developed, ready for implementation in 2012. When QMH was rebuilt in 2006 it was designed to facilitate the flow of patients through the Rapid Diagnostic Packages.

The aims of the Rapid Diagnostic Packages (RDPs) are the same whatever the speciality – to ensure that the majority of patients have the relevant tests performed and their results available from the relevant clinician on the same day. These packages are particularly suitable for patients with a possible diagnosis of cancer, and these meet the 2 week cancer requirements, but they are equally suitable for a range of other diagnoses.

The pathways all start in primary care, with the GP undertaking a clinical assessment and history, requesting appropriate predefined tests, and then making a referral to the appropriate RDP. When the patient is seen at QMH by the relevant clinician, the results of the tests undertaken in primary care are available for review, and the clinician has same day access to a range of other tests / investigations.

The benefits of concentrating and coordinating the assessment and diagnostic processes into one clinic visit are:

- Improved patient experience through reducing time to diagnosis.
- Reduced number of visits for the patient.
- Improves quality of care through use of standardised tests.
- Improves quality of care and reduces variation through the use of standardised pathways.

In addition to this the RDP local tariffs offer significant value for money for GPs and commissioners when compared to the PbR tariff prices for individual appointments and tests.

Queen Mary’s has undertaken approximately 7000 RDP assessments packages per annum for the last 3 years.

The Breast RDP is an existing package within the speciality of Breast & Thyroid
Specification for Breast RDP Package continued

Where this package is provided: Queen Mary's Hospital

When (days and times): New patient clinic - Monday mornings
                      MDT meetings – Tuesdays
                      Follow up clinic – Wednesday mornings

Lead clinician: Mr Richard Cummins

Other clinicians / services involved: Dr Ruth Pearson, Consultant Radiologist
                                      Dr Helen Richardson, Consultant Radiologist
                                      Kathleen O’Shea, Supt Radiographer, mammography
                                      Mammography team
Patient presents at GP with symptoms of breast lump(s)

GP does history and examination

GP refers using Choose & Book

Patient attends clinic appointment with consultant. History & examination.

US and/or Mammogram ** (same day).

If clinically indicated needle biopsy taken (same day) & sample taken to KH by courier.

Results reviewed by MDT at next day MDT meeting

Patient attends follow up clinic following day with consultant for results & treatment plan. Consultant feeds back to GP. RDP complete.

** patients <35 years referred for US
** patients >= 35 referred for mammo with or without US