**Please post to:**

Community Paediatric Dietitian **Please email to:** **wandsworthdietpaeds@stgeorges.nhs.uk**

Queen Mary’s Hospital **Direct Line:** 020 8487 6431/33

Roehampton Lane

London SW15 5PN

**Wandsworth Community Paediatric Dietetics Referral Form (0-18 years)**

**Referrals from health professionals accepted**

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 **Wandsworth Paediatric Dietetics Referral Form (0-18 years)**

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| **Date of referral:**  | **\*Incomplete referrals may not be accepted\*** |
| **Patient details:** | **GP details:** |
| Family name |  | Name and address of GP practice |  |
| First name |  |
| Date of birth |  |
| NHS number |  | Name of GP |  |
| Gender | [ ]  Male [ ]  Female | Telephone number |  |
| Name of parent / guardian |  |  |
| Mobile number |  | **Referrer details** (if different to GP): |
| Telephone number |  | Name |  |
| Home address |  | Profession |  |
| Base |  |
| Telephone number |  |
|  |  |  |  |
| **Is an interpreter required?** [ ] YES [ ]  NOIf yes, which language?  |
| **Has this referral been agreed with the child’s parent/guardian?**  [ ] YES [ ]  NO |
| **Is the child subject to a Child Protection Plan or a Child in Need?**  [ ] YES - please give details [ ]  NO**Is the child looked after (i.e. under the care of the Local Authority)?** [ ] YES - please give details [ ]  NONamed Social Worker and contact details: ­ |
| **Current medication(s):** |
| **Medical information (including medical history/diagnoses and names of other teams involved):** |

|  |  |
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| **Reason for referral:**  | **Please note, we will only accept referrals that fit into one or more of the following criteria:** |
| **Under nutrition / Faltering growth** | On UK WHO growth Charts:☐ Weight or length/height <0.4th centile[ ]  A fall across 2 or more weight centile spaces [ ]  Weight is 2 or more centiles lower than length/height on repeated measurements**Weight: Height: Date:**  |
| **Food allergy or intolerance** | ***Please see Wandsworth CCG document on Appropriate Prescribing of Specialist Infant Formulae for first line management of cow’s milk protein allergy and lactose intolerance***[ ]  Allergic symptoms to known/possible food allergens and not already managed in an acute allergy clinic**Symptoms:** |
| **Feeding / eating and drinking concerns**  | [ ]  Restricted range in diet accepting: [ ]  <20 foods [ ]  <10 foods[ ]  Avoiding a whole food group:  [ ]  Protein [ ] Carbohydrates [ ] Fruit/Vegetables [ ] Dairy[ ]  Fussy/selective eating **and faltering growth**☐ Difficulties with starting solids **and faltering growth** **Any related diagnosis?** ☐ YES [ ] NO (please specify)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Gastrointestinal** | [ ]  Constipation [ ]  Reflux [ ]  Diarrhoea |
| **Gastro-oesophageal reflux disease (GORD)** | ***Please see Wandsworth CCG document on Appropriate Prescribing of Specialist Infant Formulae for first line management.*** |
| **Nutritional deficiencies**  | [ ]  Iron [ ]  Vitamin D [ ]  Calcium [ ]  Other (please specify):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Weight management***Please note referrals for children aged 13-18 years without complex health needs will be redirected to our adult dietetic team* | **Referrals are accepted for children with a:**[ ]  BMI on or over the 99.6th centile (+3.33SD)[ ]  BMI over the 98th centile **and** complex health needs[ ]  BMI over the 98th centile **and** a comorbidity **(aged >11 years accepted)** (please specify comorbidity):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Weight: Height: BMI: Date:*****Children aged 2-11 should be referred to attend the Wandsworth Health4 life group programme if they meet the following criteria:*** 1. *Resident in Wandsworth or attend a primary school in Wandsworth*
2. *Children aged 2-5 years (pre-school) with weight more than 2 centiles above height centile (using the UK-WHO 0-4 growth charts in the red book)*
3. *Children aged 5-11 years who have been identified through NCMP with BMI over the 91st centile (clinically overweight) at Reception or BMI over 98th (clinically obese) at Year 6*

***Please note children with BMI on or over 99.6th centile are not accepted***  |
| **Eating disorders** | We do not accept referrals for children with eating disorders. Please refer to specialist eating disorders service or CAMHS. |
| **Additional information:** |
| **Signed:**  | **Name:** | **Date:** |